



CROTCHED MOUNTAIN

OFFERING A LIFELONG ALLIANCE
TO PEOPLE WITH DISABILITIES

OTHER CLINICAL SERVICES:

- Aquatic Therapy
- Audiology
- Developmental Pediatrics
- Driver Rehabilitation
- Dysphagia
- Occupational Therapy
- Physical Therapy
- Speech-Language Pathology

What is the Sensory Integration and Praxis Test (SIPT)?

The SIPT is a *standardized* test, designed for use with children ages 4 years through 8 years, 11 months. It is administered by a certified professional and consists of 17 subtests that evaluate a variety of fine and gross motor skills as well as motor planning abilities. In addition, the SIPT looks at all of the sensations and how the child is taking in and interpreting stimuli.

What if my child is not the right age for the SIPT or can not tolerate the length of the SIPT?

A *non-standardized* test, can be conducted by an occupational therapist who specializes in sensory integration, to identify the presence of any of the above symptoms. The evaluation consists of a series of facilitated play activities and a comprehensive interview with the child's parents.

SENSORY INTEGRATION

What is Sensory Integration? Sensory Integration is the ability to take in, sort out, and connect information from the world around us through our five senses: sight, hearing, touch, smell, and taste. It takes place automatically in normal development and is enhanced through sensory experiences. Both physical and environmental factors can cause Sensory Integration dysfunction.

What are the symptoms of Sensory Integration dysfunction?

There are four possible problem areas:

- **Registration** is the ability to notice sensory input. Symptoms of poor registration can include delayed responses, low muscle tone, and limited awareness of sensory stimuli.
- **Modulation** is the ability to focus on meaningful sensory stimuli and “tune out” unimportant stimuli. Symptoms of poor modulation can include attention problems, sleeplessness, difficulty with transitions, hyperactivity, and self-stimulation.
- **Integration** is the ability to take in and make sense of multichannel input and use it to produce an adaptive response. Symptoms of poor integration can include impaired motor responses and bilateral coordination, inactivity, low muscle tone, and problems with language, behavior, learning, and balance.
- **Defensiveness** is an over-reaction to non-noxious stimuli across one or more sensory systems. Symptoms of sensory defensiveness can include unpredictable emotional outbursts, self-injury, exaggerated avoidance responses, unusual eating habits, resistance to certain activities, and hypervigilance (always on guard).

Can Sensory Integration dysfunction be treated?

Yes, it can be treated through therapy, however, it can not be cured. Therapy involves facilitated play activities that develop coping skills and strategies for accommodating one's unique sensory needs. Often individuals are placed on a “sensory diet” which includes regularly scheduled sensory activities, sensory snacks, and environmental modifications to limit the noxious stimuli. By customizing sensory inputs to an individual's specific needs, inappropriate behaviors can be decreased or eliminated.

How can an appointment be scheduled?

Appointments are scheduled by referral through the individual's primary care physician. Insurance pre-authorization is usually required for both the evaluation and the therapy.

To schedule an appointment or obtain further information, please contact Outpatient Services: (800) 258-1466 or (603) 547-3311, ext. 1660
Crotched Mountain, 1 Verney Drive, Greenfield, NH 03047
E-mail: outpatient@crotchedmountain.org • Web: www.crotchedmountain.org

DIRECTIONS TO



One Verney Drive
Greenfield NH
03047
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www.crotchedmountain.org

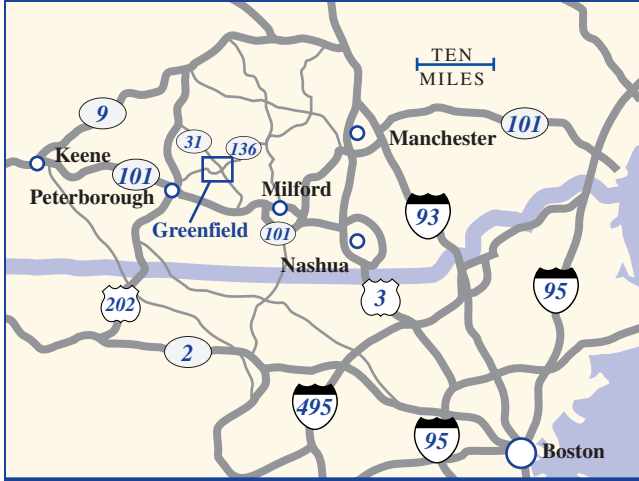
APPOINTMENT INFORMATION

Date _____

Time _____

Clinician _____

CROTCHED MOUNTAIN



From the South:

North (East) on Route 202 to Route 136 in Peterborough, East on Route 136 to Greenfield, and turn left onto Route 31 North. Turn right onto Crotched Mountain Road. Turn right onto Verney Drive. Follow signs for Outpatient Services.

From the North:

Take 93 South to Concord and merge onto 89 North. Bear left at Exit 5 onto Routes 202/9 West, towards Henniker/Keene. At Hillsborough, follow Route 202 West towards Antrim/Peterborough. At Bennington, turn left onto Route 31 South into Greenfield. Turn left onto Crotched Mountain Road. Turn right onto Verney Drive. Follow signs for Outpatient Services.

From the West:

Take 91 to Route 9 East. In Keene go straight onto Route 101 East. In Peterborough, take Route 202 East to Route 136 towards Greenfield. Take 136 into Greenfield and turn left onto Route 31 North. Turn right onto Crotched Mountain Road. Turn right onto Verney Drive. Follow signs for Outpatient Services.

From the East:

Take Route 3 North to Exit 8 for Route 101-A West to Route 101 West. In Wilton turn right onto Route 31 North towards Greenfield. In Greenfield turn right onto Route 31 North. Turn right onto Crotched Mountain Road. Turn right onto Verney Drive. Follow signs for Outpatient Services.

