



# medical care and rehabilitation services that restore lives

Information for physicians and  
discharge planners

CROTCHED MOUNTAIN

Specialty Hospital



## Crotched Mountain Specialty Hospital

Crotched Mountain has operated a licensed specialty hospital since 1953. This 62-bed facility specializes in brain injury rehabilitation, spinal cord injury rehabilitation and post-operative therapy. We provide both acute and sub-acute rehabilitative care for children and adults.



### Brain Injury and Spinal Cord Injury Rehabilitation

Children and adults with brain injuries and spinal cord injuries receive intense rehabilitation provided by experienced staff using state-of-the-art equipment and facilities, all located in a comfortable, attractive and highly supportive setting. Patients are typically admitted as a result of:

- Trauma
- Stroke/Cerebral Vascular Disorders
- Brain and Other Tumors
- Lightning Strike/Electric Shock
- Infectious and Metabolic Disease
- Dual Diagnosis (Brain Injury/Substance Abuse)

### Pediatric and Adolescent Rehabilitation

Crotched Mountain specializes in rehabilitation and care for children and teens who are medically fragile or have complex medical needs and diagnoses including:

- Anoxic and Traumatic Brain Injury
- Cerebral Palsy
- Chronic Pain
- Developmental Disorders
- Late-Stage Degenerative Disorders
- Neurological Disorders
- Neuromuscular Disorders
- Orthopedic Conditions (Traumatic and Post-Op)
- Seizure Disorders
- Spina Bifida
- Wounds

We provide children and adolescents with a high nurse-to-patient ratio and medical coverage twenty-four hours a day in a lively, supportive and age-appropriate atmosphere.



## Patient Criteria

Children and young adults with brain injuries may be admitted in minimally responsive states and above. Older adult brain injury patients should fall between Rancho Los Amigos Scales III – VII and must be medically stable. Children and adults can be admitted with a tracheostomy, catheters, feeding tube, orthopedic needs, decubiti, spasticity and tone management needs. They should pose no danger to themselves or to others.

## FIM® Scores

Functional Independence Measure scores (FIM®) usually show significant patient gains between admission and discharge from Crotonch Mountain. FIM scores are measured continuously with weekly updates. We know from experience that gains can take time and that setbacks can occur along the way. We stand by our patients and families throughout the process, offering information, encouragement and support.



## The Medical Team

Crotonch Mountain's physicians and nurses work together as a team to achieve each patient's individualized rehabilitation goals, and boast credentials and unique specialty skills that are second-to-none.

- Developmental Pediatrics
- Physiatry
- Psychiatry and Psychology
- Wound Care Specialists

## Credentials and Specialty Skills

- Certified Rehabilitation Registered Nurses
- Certified Neuroscience Registered Nurses
- Certified Brain Injury Specialists
- Credentialed in Medical-Surgical Nursing
- Certified Wound Care Specialists
- Certified Clinical Audiologists
- VitalStim® Therapy
- Certified Speech-Language Pathologists
- Saebo® Arm Training Program

## Therapies and Services

Our highly-trained physicians and therapists work in an environment that encourages the use of both traditional and alternative methodologies to achieve rehabilitation outcomes.



## Therapies

- Cognitive Rehabilitation Therapy
- Coma Stimulation Therapy
- Craniosacral Therapy
- Dysphagia Therapy
- Occupational Therapy
- Physical Therapy
- Psychological Counseling
- Speech/Language Therapy
- Substance Abuse Counseling
- Therapeutic Recreation

## Services

- Acupuncture for Pain Treatment
- Adaptive Equipment Engineering and Technology
- Augmentative-Alternative Communication
- Baclofen Pump Management
- Clinical Neuropsychological Assessment
- Community Living Skills
- Independent Living Skills
- Leisure Planning
- Medical Botox® to Relieve Spasticity
- Neuropsychology
- Nutritional Counseling
- Pain Management
- Spasticity Clinic
- Vocational Evaluation
- Vocational Training and Community Placement
- Wound Management

## Transitioning Home

Discharge planning begins at the time of admission. Family members are closely involved in creating care plans that focus on rehabilitation, as well as a successful return to home and community. Upon discharge, we help patients transition into the best scenario possible. Our case managers ensure that discharge summaries are clear and helpful, outpatient therapies and services are in place, home evaluations are complete, and the right home equipment has been ordered.

## A Lifelong Alliance

Our relationship with our patients can continue long after discharge. We provide the resources necessary to participate fully in life with dignity, respect and the right to make choices that determine one's future. Patients and their families have access to a full range of services including: day programs; support groups for families and brain injury survivors; driver evaluation/education; residential services on and off campus; and physical, occupational and speech therapies as an outpatient.



## Our Campus

Our fully-equipped rehabilitation facilities are state-of-the-art and include these additional features to offer patients the best in rehabilitation therapies:

- Audiology Clinic
- Accessible Heated Therapy Pool
- Accessible 25-Yard Recreational Pool
- Assistive Technology Center and Training
- CEU Training On-Site for Staff
- Fully Equipped Dental Clinic
- Six Therapy Gyms
- Outdoor Recreation on a 1,400 Acre Campus Featuring Accessible Trails
- Unweighing System for Spinal Cord Injury
- Weight Room
- Wheelchair Seating Clinic

## Admitting Patients

To admit children and young adults under age 30, please contact us at:

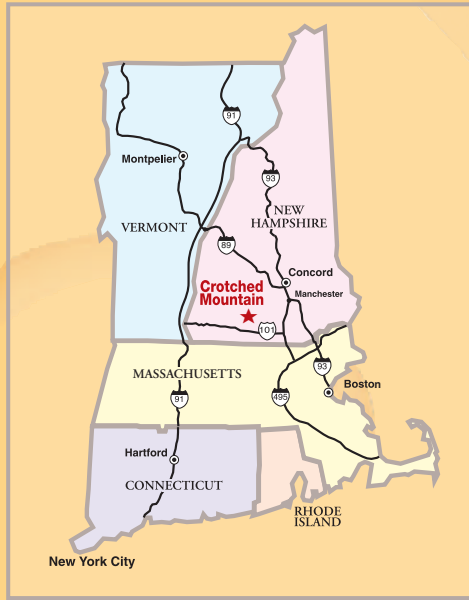
603.547.3311, ext. 2010; Fax: 603.547.2431  
email: [specialtyhospital@crotonedmountain.org](mailto:specialtyhospital@crotonedmountain.org)

To admit adults with brain or spinal cord injury, please contact us at:

603.547.3311, ext. 1570; Fax: 603.547.2848  
email : [admissions@crotonedmountain.org](mailto:admissions@crotonedmountain.org)

## Payment Options

Crotoned Mountain accepts most private insurance, Medicaid and self-pay arrangements.



# CROTCHED MOUNTAIN

ONE VERNEY DRIVE, GREENFIELD, NEW HAMPSHIRE 03047

603.547.3311

[www.crotchedmountain.org](http://www.crotchedmountain.org)